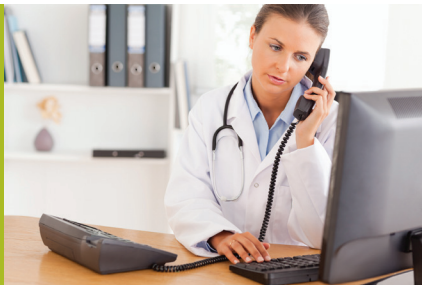




ACTIVATE
HEALTHCARE



VIRTUAL CARE – WE ARE HERE FOR YOU.

Access to the right care when you need it

Your Activate Health & Wellness Center team understands how important it is to stay healthy as the world fights COVID-19. We are here to support your healthcare needs, using the appropriate safeguard processes and medical supplies to protect the health of you and your family.

We ask that you please **CALL YOUR HEALTH & WELLNESS CENTER FIRST** if you need our help, and we will assess your symptoms and direct you to the right care, appointment type, and referral, if necessary. We are encouraging **VIRTUAL CARE**, which gives you access to your provider anywhere.

Benefits of Virtual Care

- + Convenient**
 - Use any computer or mobile device.
 - Works in any browser with no plug-ins.
- + Full Access**
 - Our providers have complete access to your clinical history.
- + Follow-up**
 - Our providers can schedule a follow-up clinic visit, or send an ePrescription, a lab order, as appropriate.

Use with your Patient Portal for these additional benefits:

- + Online Scheduling**
- + Secure Messaging**

Don't forget that you also have access to an after hours nurseline that is available to you 24/7!

Need help to jump start Virtual Care?

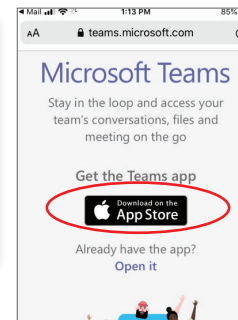
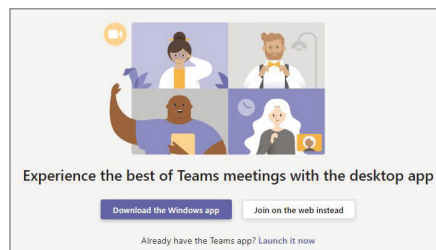
Call your Activate Health & Wellness Center team.

Getting started - as easy as 1-2-3:

Once you have established a Virtual Care appointment with your provider, you will receive an email invitation with a link to join at your scheduled time.

From a computer or mobile device:

- Step 1:** At the time of your appointment, click "Join Microsoft Teams Meeting."
- Step 2:** From a computer, click "Join on the web instead." From a mobile device, follow the links to download, install the mobile app and open Teams.
- Step 3:** Enter your name, make sure that your microphone and video camera are on, and click "Join Now." The mobile app may require you to click "Join as Guest" before and after entering your name.



A phone number and Conference ID are also included with your Virtual Care appointment email, which you can use as a backup to the video visit.